

St. Joseph's-Baptist Health Care

Internship OPPORTUNITIES

St. Joseph's-Baptist Health Care offers fall, summer, and spring internships for undergraduate and graduate students in the field of Fitness Wellness, Exercise and Sport Sciences and/ or Physical Education.

Each facility- St. Joseph's Health & Fitness Center in Tampa and South Florida Baptist Health Enrichment Center in Plant City- caters to special populations such as diabetics, hypertensives, pre- and post-natal women, and phase III cardiac rehabilitation patients. Experience will include fitness assessments and exercise prescriptions for healthy and special populations. Also, exercise class instruction, exercise session supervision, and health promotion. Each intern will be required to complete a project during internship.

Interns will also have the opportunities to observe:

Cardiac Rehabilitation
Physical Therapy
Diabetes Management
Weight Management
Community Wellness Outreach

ST. JOSEPH'S – BAPTIST HEALTH CARE APPLICATION FOR INTERNSHIP POSITION

Program _____
Name _____ Phone _____
Campus Address _____
City _____ State _____ Zip Code _____
Name of University _____ School Advisor _____
Address _____ Phone _____
Major Field of Study _____ Overall GPA _____
Minor or Related Field _____ Year in School _____
Dates for Internship _____

The following areas are available for observation/participation. Please indicate areas that interest you.

_____ Fitness Testing/Exercise Prescription _____ Cardiac Rehab
_____ Stress Testing (CR) _____ Physical Therapy
_____ Weight Management _____ Health Promotions
_____ Diabetes Management _____ Special Populations
_____ Community Wellness Outreach _____ Other

My goals for an internship experience are:

List your strongest personal qualities:

Indicate prior job experience, special skills and training related to health and fitness:

CPR expiration date _____
(Must have current CPR certification)

NO-COST HOUSING IS AVAILABLE

St. Joseph's - Baptist Internships require verification of professional liability insurance. Please include proof of insurance with application. Indicate insurance carrier and type of insurance.

NOTE: Please enclose current resume and two letters of reference.

For more information please call Amy L. Sherman at 813-554-8602 or email at amy.sherman@baycare.org