

Policy Name:	Psychiatric Services
Date Modified:	7/2015
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Psychiatric Services Policy

Policy:

- a. Psychiatric care providers at CAPS include a part-time psychiatrist and a part-time psychiatric nurse practitioner.
- b. CAPS strives to integrate care by having therapists and psychiatric providers work together.
 - i. Psychiatric services are available for clients of CAPS. Students may receive psychiatric services without desiring therapy, however the combination of psychiatric services and therapy utilizes the best outcome.
 - ii. The psychiatric providers and therapists can view client progress notes in the CAPS records system, and in addition, will consult with each other as needed.
- c. An appointment with a psychiatric provider.
 - i. FAU students can call 561-297-3540 to set up an appointment with a therapist. If seen as appropriate, the therapist will make a referral to psychiatric services.
 - ii. Requirements before appointment with the psychiatric provider
 - iii. The students should have prior psychiatric records sent to the psychiatric provider they are assigned to see. The students will be asked to complete a Release of Information form at CAPS and this will be sent to their previous psychiatrist. Ideally, the records should be received by their provider prior to their appointment in order for their care to be transferred to CAPS. If the records are not received prior to the appointment, the provider will decide on a case-by-case basis whether care can be transferred.
 - iv. The students will meet with a psychiatric provider and review their history, current symptoms, substance use history, medical illnesses, and issues with school and relationships. If the provider believes the students will benefit from treatment at CAPS, follow-up appointments will be set up. If their needs would be better met by a community provider, a referral will be made into the community.
 - 1) At least one follow-up contact attempt will be made and documented with each student referred into the community.
- d. When a student runs out of medication before the appointment with their new psychiatric provider, the student should call their current provider and request a refill.
- e. Special Note: Medication for Attention Deficit Disorder
 - i. FAU students seeking only AD/ADHD medication or requesting their AD/ADHD medication follow up care be provided, will be referred out to community providers and/or encouraged to remain with their prescribing provider.
 - ii. If the FAU student is currently receiving medication for a non-AD/ADHD related issue(s) and through further evaluation/assessment it is determined that they could benefit from AD/ADHD medication, it is then left to the clinical discretion of the psychiatrist to prescribe AD/ADHD medication or refer out for such medication.

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- iii. If FAU students are able to get medication for ADD/ADHD via the above subsection, they will likely need to provide documentation of a formal assessment with psychological testing completed within the past 3 years.