Eligibility for Services Policy

Policy:

a. Mandated Students
   i. Mandated counseling places CAPS in an unproductive, punitive role and potentially injures the light in which students view CAPS.
   ii. Mandated counseling is inconsistent with professional standards and ethics of emotional health professionals,
       1) Making counseling a condition of something has the potential to undermine any benefit that could have come from counseling otherwise,
       2) Mandated counseling has shown little efficacy and therefore isn’t typically an effective use of time/resources for most involved parties.
   iii. Students that are mandated for an assessment by areas/persons from the University, including but not limited to the Dean of Students’ Office, Athletics, Academic Departments or other offices on campus, will receive the same services as any other eligible student.
       1) The terms required of the student by these offices are solely the responsibility of the student.
   iv. CAPS will meet with any student seeking services, who meet eligibility criteria, until it is deemed therapeutically sufficient according to the therapist’s clinical judgment rather than by conditions set forth in the mandate.
       1) Additional sessions required or services needed to meet a third-party mandate will result in being referred outside of CAPS.

b. At intake, a student’s eligibility for services will be verified by Front Desk staff including university databases, Z numbers, and through a visual inspection of Owl cards to confirm identity.