**Alcohol and Drug Counseling Services**

At the Counseling Center, we understand that college students are making important decisions about their use of alcohol, and students see an Alcohol and Drug Counselor for a variety of reasons:

- Desire for assistance in moderating their use of alcohol
- Concern about friends’ or family members’ use of alcohol or other drugs
- Referral from the Student Health Center or other medical or mental health providers
- Assistance in finding recovery resources and maintaining abstinence in the campus atmosphere
- Referral from Student Conduct or other Florida Atlantic University staff when there is concern about a student’s alcohol or drug use or when there has been a violation of the policy.
- Family request
- Court mandates for assessment, counseling, or other services
- Voluntary/ Mandated Counseling
- Individual/ Couples/ Family/ Crisis Counseling
- Mandated Counseling
- Comprehensive assessment
- Consultation
- Recommendation and referral to other agencies as indicated
- Prevention and university collaboration
- Education about specific issues emerging from the assessment
- Structure and support for those trying to reduce their alcohol consumption
- Addressing impact of alcohol and drug use on other physical or mental health diagnoses
- Short-term individual or group therapy
**Online Screenings**


**Resources**

**On campus:**

- Wellness Task Force ([http://www.fau.edu/today/task_force.php](http://www.fau.edu/today/task_force.php))
- Today & Beyond Wellness
- Health Center
- Victim’s Advocate
- Night Owls
- AA
- NA

**Off Campus and Online:**

- Alcoholics Anonymous, [http://www.aa.org](http://www.aa.org)
- Club Drugs, [http://www.clubdrugs.org](http://www.clubdrugs.org)
- Mothers Against Drunk Driving, [http://www.madd.org](http://www.madd.org)


Partnership for a Drug Free America, [http://www.drugfree.org](http://www.drugfree.org)

StopHazing.org, [http://www.stophazing.org](http://www.stophazing.org)

The Higher Education Center for Alcohol and Other Drug Prevention, [http://www.higheredcenter.org](http://www.higheredcenter.org)

Al-Anon - [http://www.southfloridaal-anon.org/index.html](http://www.southfloridaal-anon.org/index.html)

College Recovery, a supportive network for students in recovery, [www.CollegeRecovery.org](http://www.CollegeRecovery.org)

Center for Substance Abuse Prevention (CAPT) - The latest research-based knowledge of substance abuse prevention programs, practices, and policies.

Center on Alcohol Marketing and Youth - Research on underage drinking.

Century Council - A not-for-profit organization dedicated to fight drunk driving and underage drinking.

Community Anti-Drug Coalitions of America (CADCA) - Providing community coalitions with all of the tools they need to build safe, healthy and drug-free communities.

Core Institute - A not-for-profit organization whose main purpose is to assist institutions of higher education in drug and alcohol prevention efforts.

CSAP's Prevention Pathways - Prevention programs, program implementation, evaluation technical assistance, online courses, and a wealth of other prevention resources.

Do It Now!Foundation - Realistic information on drugs, alcohol, sexuality, and other behavioral health topics.
Florida Alcohol and Drug Abuse Association (FADAA) - A non-profit, membership organization advancing addiction treatment, prevention and research through public policy leadership, communications, professional development and quality member services.

Florida Department of Business and Professional Regulation - Information regarding laws in your community, contact information, The Department of Alcoholic Beverages and Tobacco, and links to numerous resources.

Florida Prevention System - Developing a system for utilizing and evaluating a science-based approach to prevention throughout the state of Florida.

Harvard School of Public Health College Alcohol Study - Up-to-date research on alcohol and drug use from Harvard University.

The Office for Student Conduct

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