## FLORIDA.ATLANTIC UNIVERSITY

CAREER CENTER


## Business Casual vs. Professional



Jacket, vest, or cardigan can be added More colors \& patterns acceptable Collared or polo shirt Tie optional
Khakis or nice trousers
Finger-tip length skirt
Flats or heels acceptable


Suit or sport jacket
Business dress
Suit pants or slacks
Skirts \& dresses extend to knee
Dress shoes (low heels acceptable)

## C"

- Dress conservatively.
- Suits are perfect for each situation.
- Make sure your outfit has NO wrinkles.
- Stick with solid colors \& simple pattern.
- Keep accessories simple (one accessory per body part).
- Wear a belt \& watch that match your shoes.
- Trim \& groom hair.
- No letters or graphics on clothing.
- Make sure to check for missing buttons, crooked tie, and lint.


## Masculine Measurements

Suits
Chest Measurement Wrap the tape measure around your torso and underneath your arms. Add 1 inch to the total measurement for a more comfortable fit.

Over Arm Measurement If your over arm measurement is more than 7 inches larger than your chest measurement, your suit size needs to match your over arm measurement.

Shirts
Neck Measurement
Measure around the base of your neck, where a shirt collar normally sits. Take the total circumference and add $1 / 2$ inch.
This number is your neck size.

## Sleeve Measurement

 Keeping your arm at your side, measure from behind the center of your neck, over the top of your shoulder, down to your wrist.$\underbrace{\text { TIIP }}$ Don't hold in your breath while measuring.


Masculine Business Professional


# Mix \& Match Outfit Ideas 



These items are examples, actual items in Clothes Closet will vary.

## OWL Professional Clothes Closet Masculine Sizes

| Jacket/Blazer/Coat |  | Shirts |  | Bottoms |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Size | Numeric Size | Size | Numeric Size | Size | Numeric Size |
| XS | 36 | XS | $33-351 / 2$ | XS | 28 |
| S | 38 | S | $36-38 ~ 1 / 2$ | S | $29-30$ |
| M | 40 | M | $39-41 ~ 1 / 2$ | M | $31-33$ |
| L | 42 | L | $42-441 / 2$ | L | $34-36$ |
| XL | 44 | XL | $45-471 / 2$ | XL | $38-40$ |
| XXL | 46 | XXL | $48-501 / 2$ | XXL | 42 |




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## OWL Professional Clothes Closet

 Feminine Sizes|  | Size | Numeric Size |
| :--- | :---: | :---: |
| Dresses / Skirts | XS | $0-2$ |
| Shirts / Pants | S | $4-6$ |
| Check Clothes Closet <br> for additional sizes <br> and availability. | M | $8-10$ |
|  | XL | $12-14$ |
|  | XXL | $20-22$ |

## OWL Professional Clothes Closet

Boca Raton campus<br>SU 80, Rm. 220<br>Monday - Friday<br>9a.m. - 4p.m.

Davie campus
LA 109
By appointment only

