

2/19/2010

Florida Atlantic University  
Campus Recreation  
Intramural Sports

## **SAND VOLLEYBALL RULES (4-on-4)**

National Federation and Intramural Sports Volleyball Rules apply with the following modifications:

1. Teams should report to the Intramural Staff a minimum of 15 minutes prior to their scheduled playing time. Game time is forfeit time. A current FAU photo I.D. card must be presented by each player before the first match starts.
2. Depending on time, teams will play 2 out of 3 games to 21 points, 3rd game to 15 with all points being rally points. Teams must win a game by at least 2 points. Teams are to switch sides of the court after every 5 points scored during the third game.
3. Officials will be provided by the Campus Recreation.
4. The 10 foot line spiking rule will not be in effect for the Men's, Women's, and Co-Rec Sand Volleyball.
5. The centerline rule will not be in effect for the Men's, Women's, and Co-Rec Sand Volleyball.
6. Players may cross under the net, but MAY NOT impede with any players or actions of the other team while doing so. The player must also make an attempt to return to their side as soon as possible.
7. Hand-sets, passes, and tips will be allowed in accordance to Indoor rules.
8. Depending on time, teams will play a single or double elimination tournament.
9. Overhand or underhand serves will be permitted.
10. Substitution: Free substitution is permitted. The only restrictions are: 1) no more than 4 players/team may be on the court during a live ball; 2) no more than 2 players of one sex may be on the court during a live ball(co-rec); 3) substitutions must be acknowledged by the official(s) and made during a dead ball.
11. Teams can have a minimum of 2 players to start. Teams can have a maximum of 4 people on the court.
12. **Co-Rec** - Teams participate with 2 men and 2 women. The minimum number of players is 2. In Co-Rec, 1 male and 1 female is needed to start a match.
13. If an intramural participant is ejected from any intramural contest they are immediately ineligible for further competition in any intramural activity, until they are cleared by the Coordinator for Sports and Competition or his/her designate. In addition, any unsportsmanlike conduct by a player or fan may cause their team to be disqualified from the tournament.
14. Participants should be aware that there is a risk of injury in participation of intramural sports due to the inherent nature of the activity. Individuals are encouraged to have a physical examination and to obtain adequate health and accident insurance prior to participation. Individuals participate in intramural activities at their own risk!

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