Fitness Programs Internship

**Job description**

Roles & Responsibilities

Job responsibilities could include, but are not limited to the following:

* Assist with the planning, coordination, and implementation of fitness related and departmental events
* Organize and implement promotion and marketing activities for all fitness program and events
* Assist the Group Fitness lead with instructor evaluation process
* Attend and assist with the instruction of the Group Fitness or Personal Training Preparation Courses
* Attend all mandatory meetings & trainings and assist in planning monthly meetings
* Assist in the hiring of all Fitness staff (i.e. Fitness Center Staff, Personal Trainers, Group Fitness Instructors)
* Learn more about the professional responsibilities involved in being an upper level employee in a large facility through conducting one-on-one interviews with all professional staff and graduate assistants in each area.
* Develop skills necessary to design and implement a structured Group Fitness class and/or Individualized Personal Training Program
* Create at least one new fitness program or employee initiative, with assistance of Fitness Managers

SOFT SKILLS

* Improve critical thinking and problem solving skills
* Enhance interpersonal and teamwork skills
* Increase oral and written communication skills

Preferred Qualificiations

* FAU student currently in the Exercise Science and Health Promotion major
* Holds nationally recognized Personal Training or Group Fitness Certification (ACE, ACSM, NASM, NSCA, AFAA, NETA, etc.)
* Has practical experience teaching fitness classes and/or training clients

Preference will be given to those applicants who already hold a national fitness certification and have prior practical experience.