



## Camp Owls Participant Expectations

*To ensure the safety and enjoyment of everyone in your group, we ask that the following expectations are understood and followed. Please review, sign, and return a copy of this form with your medical form and waiver. Remember that you are considered a student on these trips and are subject to any disciplinary action through the Dean's office for infractions of the Student Code of Conduct.*

**Feet Safety:** One of our most valuable assets are our feet. Whether you are hiking, walking around camp, or in the waters there are dangers you need to be aware of that could ruin your trip experience. Glass, rocks, oysters, and shells are just some of these hazards. Because of this we will ask that you ALWAYS wear shoes when you are walking on the ground or in the water.

**Technology:** We spend our daily lives “plugged in” as we are constantly bombarded with requests that take us away from being present. Take this opportunity to disconnect and practice being present with those around you. We understand that many people use their phones as their alarm clock and camera. Please plan to bring a camera if you want pictures and we'll make sure you don't oversleep!

**Drugs, Alcohol, and Tobacco:** None of these items will be allowed on the trip. Beyond the obvious reasons why these aren't allowed, being an active member of a group requires you to be fully engaged in activities with full mental capabilities.

**Leave No Trace (LNT):** LNT is a set of principles that guide an outdoor ethic. The areas we frequent will only be accessible for future trips and generations if we help to take care of them. We may ask you to do, or not do, certain things in order to follow these principles. [www.lnt.org](http://www.lnt.org)

**Inclusion/Diversity:** Good expedition behavior takes participation of the whole crew. Alienating crew members through coarse language, inappropriate jokes, and degrading names does not help foster an emotionally safe environment. Please be kind to others through your words and actions. As Thumper would say, “If you don't have anything nice to say, don't say anything at all.”

**Crew, Not Passengers:** You'll hear us refer to your group as a crew. This is very different than being a passenger. You will be expected to contribute to the daily chores (cooking, cleaning, etc) and offer your help for the success of the whole group. Many times we lose awareness of the needs around us; use this experience to connect back.