COMMITTEE ON ACADEMIC AND STUDENT AFFAIRS
Tuesday, October 20, 2015

SUBJECT: STUDENT AFFAIRS UPDATE

PROPOSED COMMITTEE ACTION

No action is necessary. This item is only informational.

BACKGROUND INFORMATION

Dr. Corey King, Vice President for Student Affairs, will provide presentations on the topics of Counseling and Psychological Services and Campus Recreation.

IMPLEMENTATION PLAN/DATE

N/A

FISCAL IMPLICATIONS

N/A

Supporting Documentation: PowerPoint Presentation

Presented by: Dr. Corey King, Vice President of Student Affairs  Phone: 561-297-3988
DIVISION OF STUDENT AFFAIRS

We’re All About Students!

FAU
Campus Recreation

Fitness

- Group Fitness participants: **6,794**
  We offer **56** classes per week

- Yoga is the most popular class this Fall with **68%** of the participants

- Personal Training packages sold since July 1: **34**

- Find Your FIT programs:
  - Couch to 5K
  - Ladies Lift
  - Instructional Swimming
  - Instructional Latin Dance

Recreation and Fitness Center

- Average of **1269** member visits per day in 2014-15

Outdoor Adventures

<table>
<thead>
<tr>
<th>Challenge Course</th>
<th>825 participants in 42 programs</th>
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<tbody>
<tr>
<td>Climbing Center</td>
<td>632 participants in Open Climb</td>
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<tr>
<td>Trips this Fall</td>
<td>4 trips completed (all full), 5 left this semester</td>
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<tr>
<td>Camp Owls</td>
<td>75 participants</td>
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Competitive Sports

Intramural Sports:
TOTAL participants: 1,727
(30% are first year students)

- Flag Football
- Dodgeball
- Golf League
- Indoor Soccer
- Basketball
- Fantasy Sports
- Goalball
- Indoor Soccer
- Volleyball

Active Sport Clubs (21)

Bass Fishing
Climbing Club
Running
Shorinji Kempo
Men’s and Women’s Soccer
Surf Club
Tae Kwon Do
Tennis
Men’s and Women’s Volleyball

Kohesion Step team
Men’s and Women’s Lacrosse
Paintball (NATIONAL CHAMPS)
Men’s and Women’s Rugby
Water Polo
Equestrian
Fencing
Ice Hockey

Student Employment

Campus Rec employs over 165 students in 20 different positions
(i.e. Facility Supervisor, Personal Trainer, Lifeguard, Marketing)

TOTAL participants: 1,727 (30% are first year students)
Growth

- Similar to other SUS institutions, CAPS has seen an increase in student visits since the 2008.

- Top reasons for student visits:
  - anxiety (55%)
  - depression (42%)
  - academic stress (32%)
  - relationship issues (30%)

Current Change

- Accredited by the International Association of Counseling Services
- 8% increase in group appointments from 2013-14
- Overall Satisfaction for 2014-15: 93.5% of students indicated that they were satisfied with the services they received at CAPS
- Initiated a multipronged suicide prevention program (live and online)
Outreach Programs

• Liaison Program with Academic Colleges
• Group Therapy Sessions
• Community Liaison Program (receiving centers)
• Training for Residential Life Staff
• Student Crisis Awareness Training
• Suicide Awareness & Prevention Training