the center for body, mind, and culture

presents an
International Conference

Mindful Body in Healing and the Arts

EXPLORATIONS IN SOMAES THE TICS

How somatic mindfulness contributes to health, healing, and aesthetic experience

January 19 and 20, 2012
Boca Raton Campus
Florida Atlantic University

For more information, visit
www.fau.edu/mindbodyculture/Conferences.php
or email
bodymindculture@fau.edu

PROGRAM
### Thursday, January 19th, 2012

**Welcome and Opening Remarks**

9:30-10:00  
*Richard Shusterman and Heather Coltman*
*Florida Atlantic University*

**Morning Session Chair: Fred Maus, University of Virginia**

10:00-12:00  
*Daniele Goldoni*  
*Università Ca’Foscari Venezia, Italy*  
*Lifestyles. Body consciousness and “Improvisation”*

*Roberta Dreon*  
*Università Ca’Foscari Venezia, Italy*  
*Habits, bodily techniques and life styles*

*Carlos Eduardo Sanabria*  
*Universidad Jorge Tadeo Lozano, Bogotá, Colombia*  
*Towards a Phenomenological Poetics of the Body*

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**LUNCH**

1:30-2:20  
*Yann Toma*  
*Université Paris 1 Panthéon-Sorbonne, France*  
*Healing and Somaflux*

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**Afternoon Session Chair: Prisca Augustyn, Florida Atlantic University**

2:30-5:20  
*Adesola Akinleye*  
*Canterbury Christ Church University, United Kingdom*  
*Orientation for communication: embodiment, knowledge, and the language of dance*

*Ana Carolina Ávila*  
*Universidad Jorge Tadeo Lozano, Bogotá, Colombia*  
*Dance as an instrument for peace and identity construction*

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**Coffee Break**

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*Myrdene Anderson and Katja Pettinen*  
*Purdue University, United States*  
*Mount Royal University, Canada*  
*From Mere Matter to Meaning: Biosemiotic Mindfulness*

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**Break**

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6:00-7:00  
*Anne Harrington*  
*Harvard University, United States*  
**Keynote address:** Healing Our Bodies: Why Culture Matters

Located in **PA 101**,  
Adjacent to the FAU Theater

**Reception to Follow in PA 101**
Friday, January 20th, 201

Morning Session Chair: Taylor Hagood, Florida Atlantic University

9:00-11:00
Nicola Perullo
Università di Scienze Gastronomiche, Pollenzo, Italy
Towards a Food Aesthetics: Taste as Embodied Skill

Andrea Borghini
College of the Holy Cross, United States
The Paradox of the Mindful Eater

Sylvie Fortin
Université du Québec à Montréal, Canada
Somatic exploration and narrative of women living with eating disorder

BREAK

11:15-12:15
Peng Feng
Peking University, China
Somaesthetics and Contemporary Art

LUNCH

Afternoon Session Chair: Adam Bradford, Florida Atlantic University

1:30-3:30
Lee Hyijin
the University of Tokyo, Japan
Minding the Somaesthetic Surface

Hiie Saumaa
Columbia University, United States
Watch Your Bank Account of Muscular and Nervous Strength: Ordering the Mind-Body Spirit in Annie Payson Call’s Psycho-Physical Technique

Avigail Berg-Panitz
Music Therapy Clinic for Research and Training, University of Jyvaskyla, Finland
Body-Mind Balance through Vibroacoustic Therapy

COFFEE BREAK

4:00-5:00
Paul Taylor
Pennsylvania State University, United States
Paint the White House Black: The Somaesthetic Import of the Obamas