

About the Fellowship

The Barb Schmidt Fellowship provides student leaders with a platform to develop the skills and knowledge needed to initiate, execute and sustain a social movement. Students will learn skills that are essential for driving social change through peer mentorship and workshops led by social influencers and FAU faculty. After exploring the workings of social movements, students will then work on their own project of choice.

Who Should Apply?

We are looking for students dedicated to community engagement and activism and that wish to enrich their leadership skills in order to become more effective agents of social change. Candidates for the Barb Schmidt Fellowship must have:

- Completed freshman year of high school
- Received the approval of a high school Guidance Counselor (or designee)
- Achieved a 3.0 or higher unweighted cumulative high school G.P.A.
- Taken the ACT, SAT, Accuplacer or P.E.R.T. and attained all of the minimum scores necessary for dual enrollment at FAU (for minimum scores see www.fau.edu/registrar/dual-enrollment/)

How Do I Apply?

Submit completed application and two written recommendations (at least one from a teacher) by **June 15, 2018**

To view the application, visit
www.fau.edu/barb-schmidt-fellowship

If you have any questions, please contact:
Suzy Livingston
slivingston@fau.edu | 561-297-3158



About Barb Schmidt

A practitioner of mindfulness and meditation for more than 30 years, Barb Schmidt is the author of the internationally bestselling book "The Practice: Simple Tools for Managing Stress, Finding Inner Peace, and Uncovering Happiness" and founder of the non-profit organization Peaceful Mind Peaceful Life. As an activist, her mission is to bring mindfulness teachings to the community in the belief that outer peace begins through inner peace. She has been on more than 100 retreats and studied with teachers around the world, including the Dalai Lama. For more information on Barb Schmidt visit peacefulmindpeacefullife.org

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FAU
DOROTHY F. SCHMIDT
COLLEGE OF ARTS AND LETTERS
Florida Atlantic University

BOCA RATON, FLORIDA

FLORIDA ATLANTIC UNIVERSITY

CULTIVATING COMMUNITY INVOLVEMENT, ACTIVISM AND SOCIAL CHANGE



BARB SCHMIDT FELLOWSHIP

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Program Overview

Across the country student activists have made their voices heard as agents of social change.

The Barb Schmidt Fellowship offers high school students the opportunity to nurture and sustain these efforts by participating in a special program at FAU while earning six university credits. The fellowship consists of two semesters of weekend classes offered through the Dorothy F. Schmidt College of Arts and Letters.

The fellowship brings together faculty with academic expertise, professional backgrounds and practical advocacy experience to provide the comprehensive guidance needed to be successful advocates for social change. Faculty expertise includes: History and Design of Effective Social Movements, Social and Digital Media Advocacy, News Media Analysis and Strategy, Public Presentation Skills, Fundraising and Non-Profit Organizing, Visual Arts and Graphic Design, Video Production, Music Designed for Social Change, Activist Theater, Current Legal and Political issues, and Effective Campaign Operations from Research to Public Outreach.

SEMESTER 1 (Fall)

Participants attend class two Saturdays per month from 9 am to 2 pm at FAU's Boca Raton Campus. Fellows explore the principles of leadership, the dynamics of creating, developing and sustaining social movements through peer-to-peer and student-to-faculty interactive workshops, as well as learn the practice of mindfulness techniques to ensure the self-care and sustainability required for successful social movement work.

SEMESTER 2 (Spring)

Fellows attend class one Saturday per month from 9 am to 2 pm at FAU's Boca Raton Campus. Students will work individually or in teams to design and implement a socially-engaged service learning project. They will create a project portfolio to include all aspects of social movement development and implementation and prepare it for launch at the end of the semester.

The Fellowship will end in early May with a launch event in which each project is presented and celebrated. Local community organizers and media outlets will be invited.

Why Should I Apply?

Becoming a Barb Schmidt Fellow will reward you both personally and in your community engagement and social change efforts. The program is designed to help you:

- Gain practical knowledge and essential skills for successful organizing
- Foster partnerships through networking with other activists, university faculty and community leaders
- Support and mentor other engaged students by sharing your own expertise and experience through peer-based learning formats
- Design and develop a personalized service-learning project

All fellows selected to participate will receive a \$1,000 fellowship stipend*

Dual Enrollment credits are covered by the School District. All other costs are covered by the University, Peaceful Mind-Peaceful Life, and the generous community benefactors supporting the program.

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**Students are required to complete the entire program in order to receive the Fellowship stipend*