

Who Should Apply?

Students engaged in their community that want to enrich their activism skills to become more effective agents of social change. Candidates for the Barb Schmidt Fellowship must have:

- Completed freshman year of high school
- Received the approval of a high school Guidance Counselor (or designee)
- Achieved a 3.0 or higher unweighted cumulative high school G.P.A.
- Taken the ACT, SAT, Accuplacer or P.E.R.T. and attained all of the minimum scores necessary for dual enrollment at FAU (for minimum scores see www.fau.edu/registrar/dual-enrollment/)

How Do I Apply?

Submit completed application and one letter of recommendation by **March 31, 2019**

To view the application, visit www.fau.edu/barb-schmidt-fellowship

If you have any questions, please contact:
 Suzy Livingston
slivingston@fau.edu | 561-297-2584



About Barb Schmidt

A practitioner of mindfulness and meditation for more than 30 years, Barb Schmidt is the author of the internationally bestselling book “The Practice: Simple Tools for Managing Stress, Finding Inner Peace, and Uncovering Happiness” and founder of the non-profit organization Peaceful Mind Peaceful Life. As an activist, her mission is to bring mindfulness teachings to the community in the belief that outer peace begins with inner peace. She has been on more than 100 retreats and studied with teachers around the world, including the Dalai Lama. For more information on Barb Schmidt, visit peacefulmindpeacefullife.org



BE THE CHANGE YOU WANT
 TO SEE IN THE WORLD

- Gandhi



FAU
BARB SCHMIDT
FELLOWSHIP
 Dorothy F. Schmidt
 College of Arts and Letters
 Florida Atlantic University

BOCA RATON, FLORIDA

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Program Overview

The Barb Schmidt Fellowship offers high school students the opportunity to nurture and sustain activist efforts at FAU while earning six university credits. Through-out the year student leaders develop the skills and knowledge needed to initiate, execute and sustain a social movement. The fellowship consists of two semesters of Saturday classes offered through the Dorothy F. Schmidt College of Arts and Letters. The fellowship brings together faculty with varied academic expertise, community leaders, peer mentors and activists.

www.fau.edu/barb-schmidt-fellowship



SEMESTER 1 (FALL: POS 4931)

Fellows explore the principles of activism, the dynamics of creating, developing and sustaining social movements through peer-to-peer and student-to-faculty interactive workshops, as well as the practice of mindfulness techniques to ensure the self-care and sustainability required for successful social movement work.

SEMESTER 2 (SPRING: SPC 4930)

Fellows work in groups to design a community-engaged project. They will create a project portfolio to include all aspects of social movement development and implementation in preparation for launch at the end of the semester. The Fellowship will end in late April with a launch event in which each project is presented and celebrated. Local community organizers and media outlets will be invited.

CULTIVATING COMMUNITY INVOLVEMENT, ACTIVISM AND SOCIAL CHANGE

Why Should I Apply?

The program is designed to help you:

- Gain practical knowledge and essential skills for successful community organizing.
- Foster partnerships through networking with other activists, university faculty and community leaders
- Support and mentor other engaged students by sharing your own expertise and experience through peer-based learning formats.
- Design and develop a group community-engaged activism project.

All fellows selected to participate will receive a \$1,000 fellowship stipend. *Dual Enrollment credits are covered by the School District. All other costs are covered by the University, Peaceful Mind-Peaceful Life, and the generous community benefactors supporting the program.

**Students are required to complete the entire program in order to receive the Fellowship stipend*