# Undergraduate Programs—New Course Proposal

**Department:** Social Work  
**College:** CST

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**Recommended Course Identification:**

- **Prefix:** SOW  
- **Course Number:** 4802  
- **Lab Code (L or C):**  

*(To obtain a course number, contact mjennings@fau.edu)*

**Complete Course Title:** Social Work and Positive Well Being

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**Credits:** 3  
**Textbook Information:**  
**The Three Promises by Robert Pollay**

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**Grading (select only one grading option):**  
- Regular  
- Pass/Fail  
- Satisfactory/Unsatisfactory

**Course Description:** No more than three lines: Course explores recent body of scientific research regarding positive emotional states, mental wellness and optimal well being. Students learn empirically tested interventions and how to use them with clients to cope with challenges and enhance their quality of life.

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**Prerequisites w/minimum grade:**  
- NA

**Corequisites:**  
- NA

**Registration Controls (major, college, level):**  
- NA

*Default minimum passing grade is D-. Prerequisites, corequisites and registration controls will be enforced for all course sections.*

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**Minimum qualifications needed to teach this course: Master's of Social Work**

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**WAC/Gordon Rule Course:**  
- Yes  
- No  
- X

WAC/Gordon Rule criteria must be indicated in syllabus. Guidelines: [www.fau.edu/WAC](http://www.fau.edu/WAC)

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**General Education Requirement (mark X in front of selection):**  
- Written Communication  
- Mathematics/Quant. Reas.  
- Science/Natural World  
- Global Citizenship  
- Creative Expression

Must attach the appropriate General Education Course Approval Request: [www.fau.edu/degreestudies/GeneralEdCourseApprovalRequests.php](http://www.fau.edu/degreestudies/GeneralEdCourseApprovalRequests.php)

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Faculty contact, email and complete phone number:  
ROBIN RUBEN 561-297-3234

Please consult and list departments that might be affected by the new course and attach comments.  
NA

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Approved by:  
- Department Chair:  
- College Curriculum Chair:  
- College Dean:  
- UUPC Chair:  
- Undergraduate Studies Dean:  
- UFS President:  
- Provost:  

**Date:**  
- UUPC Approval: 10/3/14  
- UFS Approval:  
- SCNS Submittal:  
- Confirmed:  
- Banner Posted:  
- Catalog:

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1. Syllabus must be attached; syllabus checklist recommended; see guidelines and checklist: [www.fau.edu/academic/registrar/UUPCinfo](http://www.fau.edu/academic/registrar/UUPCinfo)

2. Review Provost Memorandum:  
   - Definition of a Credit Hour: [www.fau.edu/provost/files/Definition_Credit_Hour_Memo_2012.pdf](http://www.fau.edu/provost/files/Definition_Credit_Hour_Memo_2012.pdf)

3. WAC approval (attach if necessary)

4. Gen. Ed. approval (attach if necessary)

5. Consent of affected departments (attach if necessary)

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FAUnewcourseUG—Revised September 2013