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FLORIDA ATLANTIC UNIVERSITY

COURSE CHANGE REQUEST Graduate Programs

Department Exercise Science & Health Promotion

College Education

UGPC Approval
UFS Approval
SCNS Submittal
Confirmed
Banner Posted
Catalog

Current Course	
Prefix and Numb	er

Change title to:

HSC 4143

Current Course Title
Substance Abuse

Syllabus must be attached for ANY changes to current course details. See <u>Guidelines</u>. Please consult and list departments that may be affected by the changes; attach documentation.

Change description to:

NA .	See attached
Change prefix From: NA To: NA	Change prerequisites/minimum grades to:
Change course number From: 4143 To: 4143/5142	NA
Change credits* From: 3 To: 3	Change corequisites to: NA
Change grading From: NA To: NA *Review Provost Memorandum Effective Date (TERM & YEAR) Fall 2018	Change registration controls to: NA Please list existing and new pre/corequisites, specify AND or OR and include minimum passing grade. Terminate course List final active term
Faculty Contact/Email/Phone Approved by Department Chair College Curriculum Chair College Dean UGPC Chair UGC Chair Graduate College Dean UFS President	Date 1/23/18 2/18/17 2/13/18 2-28-18 2/28/18 2-28-18

Email this form and syllabus to UGPC@fau.edu one week before the UGPC meeting.

GRADUATE COLLEGE

Provost



January 24, 2018

Dear Committee Members

Currently, our graduate curriculum has a paucity of 5000 levels courses as electives available to graduate students. In recognition of the pending policy change disallowing the inclusion of 4000 level courses in a graduate program of study and subsequent satisfaction of degree requirements, I am respectfully submitting Course Change Requests for PET 4143 Substance Abuse, HSC 4104 Stress Management, PET 4263 Obesity: Biological, Psychological, and Cultural Factors, and HSC 4581 Health Promotion. Specifically, our department is requesting to make these courses dual enrollment (i.e., 4000/5000) with appropriate changes.

If you have any questions, concerns, or need of further information, please don't hesitate to contact me.

Submitted respectfully for the Department of Exercise Science & Health Promotion,

Dr. Bob Zoeller

Professor and Graduate Coordinator

rzoeller@fau.edu 954 439-2132 (cell)

Dept. of Exercise Science & Health Promotion,
College of Education
777 Glades Rd. Boca Raton, FL

tel: 561 297-2549 • fax: 561 297-2839

Course Description: A study of substance abuse and the major health and wellness issues which result from the misuse of alcohol and other drugs in our society.

NOTE: This is a split (4000/5000) level course. Students registered for HSC 5143 must complete all requirements of the HSC 4143 section AND the additional requirements as listed under HSC 5143 in order to receive graduate credit (see Evaluation for HSC 5143 below).

GRADUATE COLLEGE

FEB 1 4 2018



Department of Exercise Science and Health Promotion

Course: HSC 4143/5143 Substance Abuse Distance Education (online)

Instructor: Office Hours: E-Mail: Office Phone:

Course Description: A study of substance abuse and the major health and wellness issues which result from the misuse of alcohol and other drugs in our society.

NOTE: This is a split (4000/5000) level course. Students registered for HSC 5143 must complete all requirements of the HSC 4143 section AND the additional requirements as listed under HSC 5143 in order to receive graduate credit (see Evaluation for HSC 5143 below).

Course Objectives:

- To demonstrate an understanding of the nature and scope of substance abuse as a major health and wellness issues for individuals, families and the whole of society.
- To demonstrate an understanding of the pharmacological and behavioral components of the addiction process, the health risks associated with substance abuse, treatment modalities and recovery.
- 3. To understand the role and effectiveness of prevention education as it relates to specific audiences, i.e., children, teens, college students, adults and seniors.
- 4. To identify the signs and symptoms of possible substance abuse and identify methods of treatment,

prevention and control.

Course Textbook: Drugs and Society, 13th Edition, Hanson, Venturelli and Fleckenstein,

ISBN: 978 1 284 11087 6

**This is an online course that relies heavily on the textbook material. The quiz/exam questions come from this material. The book is required and necessary if you expect to do well on the assessments!

EXPECTATIONS:

- You will check your FAU email and Canvas course before class each week.
- This is an online course and relies on Canvas and email for assessment, classwork and any important information. It is important you have consistent internet access to complete required coursework.
- You are required to have the textbook, and it is expected that required readings will be completed before the material is covered in class.
- Plagiarism or cheating on any assignment or exam will result in failing grade.
 Appropriate university guidelines will be followed and/or disciplinary action will take place.

Course Delivery Mode:

This is a fully online course accessible only through FAU's learning management system—Canvas. You must log into Canvas with your FAU ID and Password to access the materials and assignments in this course. If you do not know your FAU ID or Password click the following link for help.

http://www.fau.edu/oit/accounts/index.php

The course begins with a START HERE unit that will familiarize you with the organization and navigation of the course. Each module contains the reading materials, PowerPoints, and assignments relevant to the Module Topic.

Computer Requirements

- Operating System
 - o A computer that can run Mac OSX or Win XP or higher
- Peripherals
 - A backup option should be available to minimize the loss of work. This
 can be an external hard drive, a USB drive, cloud storage, or your folder
 on the FAU servers.

Technical Skills:

To be successful in this course, students should be familiar with and be able to execute the following technological skills:

- Creating and posting to a discussion board.
- Taking a test through Canvas.

Week 1	1. Introduction/Drugs and Society	Participation
		Discussion
	2. Explaining Drug Use and Abuse	
Week 2	3. Drug Use, Regulation and the Law	Discussion 1,
		Quiz 1
	4. Homeostatic Systems and Drugs	
Week 3	5. How and Why Drugs Work	Discussion 2,
		Quiz 2
	6. CNS Depressants	Exam I
Week 4	7. Alcohol: Pharmacological Perspective	Discussion 3,
		Quiz 3
	8. Alcohol: Behavioral Effects	
Week 5	9. Narcotics	Discussion 4,
		Quiz 4
	10. Stimulants	
Week 6	11. Tobacco	Discussion 5,
		Quiz 5
		Midterm
Week 7	12. Hallucinogens	Discussion 6,
		Quiz 6
Week 8	13. Marijuana	Discussion 7,
		Quiz 7
Week 9	14. Inhalants	Discussion 8,
		Quiz 8
		Exam II
Week 10	15. OTC, Prescription, and Herbal Drugs	Discussion 9,
		Quiz 9
	16. Drug Use in Subcultures of Special Populations	Position Paper
Week 11	17. Drug Abuse Prevention	Discussion 10
		Quiz 10
Week 12	18. Treating Drug Dependence	Final Exam

Evaluation for HSC 4143:

Class Discussions (10): 5 points each

Each week there will assigned discussion board or other activities based on the readings and chapters from each week. This information will be available starting week one and will be due the following Sunday.

Exams (4): 50 points each

Exams will include multiple choice, true/false, and short answer. There will be no makeup exams unless there are unusual circumstances and/or a university approved absence. The Final Exam will be given during the designated Final Exam period for this class and is cumulative.

Quizzes (10): 10 points each

Throughout the semester there will be 5 quizzes (10 points each) based on material covered in class.

EVALUATION TOTAL FOR HSC 4143: 350 POINTS

Evaluation for HSC 5143:

Class Discussions (10): 5 points each

Each week there will assigned discussion board or other activities based on the readings and chapters from each week. This information will be available starting week one and will be due the following Sunday.

Exams (4): 50 points each

Exams will include multiple choice, true/false, and short answer. There will be no makeup exams unless there are unusual circumstances and/or a university approved absence. The Final Exam will be given during the designated Final Exam period for this class and is cumulative.

Quizzes (10): 10 points each

Throughout the semester there will be 5 quizzes (10 points each) based on material covered in class.

Project (50 Points): Additional requirement for students in the graduate section

Graduate students will complete and submit a research position paper. A position paper is a written means of communicating the research and logic process involved in arriving at and establishing a policy, regulation or procedure. The process should employ all the principles and techniques of scholarly investigation. The research involves collecting facts and information to support or disprove the hypothesis. It is always important in research to remain objective and avoid injecting personal bias into the study and its conclusions. For this reason, the process should employ quantifiable factors as much as possible. Only after the facts have been studied should the position statement be established.

EVALUATION TOTAL FOR HSC 5143: 400 POINTS

Course Evaluations HSC 4143

Quizzes x 10 @ 10 points each	100 points
Two Exams x 50 points each	100 points
Mid Term	50 points
Final Exam	50 points
Discussion Board	50 points
Total	350 points

Course Evaluations HSC 5143

Total

Quizzes x 10 @ 10 points each	100 points
Two Exams x 50 points each	100 points
Mid Term	50 points
Final Exam	50 points
Research Position Paper	50 points
Discussion Board	50 points
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Final Grade Total Points (Notice that I use percentages out to two decimal places)

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A = 94\%, A^{-} = 90-93.99\%, B^{+} = 87-89.99\%, B = 84-86.99\%, B^{-} = 80-83.99\%

C^{+} = 77-79.99\%, C = 74-76.99\%, C^{-} = 70-73.99\%

D^{+} = 67-69.99\%, D = 64-66.99\%, D^{-} = 60-63.99\%

F = 0-59.99\%
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Make-up Work: All tests must be made-up prior to next class module. Exceptions must be requested and approved. Assignments turned in after due dates will receive deducted point grades. Only FAU excused absences will be accepted for make up work.

400 points

Quizzes: There will be quizzes based on the lectures delivered throughout the semester. There will be no make up quizzes without a documented or excused absence.

Helpful websites: National Institute on Drug Abuse <u>www.drugabuse.gov</u>

Drug Enforcement Administration www.DEA.GOV

Special Needs/Accommodations

In compliance with the Americans with Disabilities Act (ADA), students who require reasonable accommodations due to a disability to properly execute coursework must register with the Office of Student Accessibility Services (SAS) and follow all SAS procedures. SAS has offices across three of FAU's campuses-Boca Raton, Davie, and Jupiter, however, disability services are available for students on all campuses

Code of Academic Integrity

Students at Florida Atlantic University are expected to maintain the highest ethical standards. Dishonesty is considered a serious breach of these ethical standards, because it interferes with the University mission to provide a high quality education in which no student enjoys an unfair advantage over any other. Dishonesty is also destructive of the University community, which is grounded in a system of mutual trust and places high value on personal integrity and individual responsibility. For more information, see http://wise.fau.edu/regulations/chapter4/4.001 Code of Academic Integrity.pdf

Student Code of Conduct:

Students at Florida Atlantic University are expected to maintain the highest ethical standards. Academic dishonesty, including cheating and plagiarism, is considered a serious breach of these ethical standards, because it interferes with the University mission to provide a high quality education in which no student enjoys an unfair advantage over any other. Academic dishonesty is also destructive of the University community, which is grounded in a system of mutual trust and places high values on personal integrity and individual responsibility. Harsh penalties are associated with academic dishonest. For more information, see http://wise.fau.edu/regulations/chapter4/4.001 Code of Academic Integrity.pdf

HSC 5143 Substance Abuse – Research Position Paper Rubric

Research Position Paper: A position paper is a written means of communicating the research and logic process involved in arriving at and establishing a policy, regulation or procedure. The process should employ all the principles and techniques of scholarly investigation. The research involves collecting facts and information to support or disprove the hypothesis. It is always important in research to remain objective and avoid injecting personal bias into the study and its conclusions. For this reason, the process should employ quantifiable factors as much as possible. Only after the facts have been studied should the position statement be established.

Major Divisions of the Paper

Introduction: This should be a brief explanation of the problem and issue that is being proposed, the reason(s) for the need of a policy on the topic, issues impacting the subject, etc.

Methodology: A description of the methods used to establish the position. This could be analytical measurements, survey, literature research with citation of references. Hint: basically you will be summarizing the methods used to collect/analyze data that was used to form the Conclusion in the research article.

Discussion: A presentation of the information, facts, data assembled in the study that support the position statement. Here is where you related the research article findings in such a way that it lends support for your position.

Position Statement: A short, clear statement of the position (example: It is the position of this study that (your position, either support or reject a change in the current legal status of marijuana in the state of Florida) should be considered by the State of Florida. This should be the last sentence in your paper.

Note: You must cite a minimum of 10 peer reviewed journals using APA format.

1.	Six pages in length (excluding title page and references) 10pts		
2.	2. 10 scientific references 5pts		
3.	10 scientific studies described in Methodology section 10pts		
4.	4 required headings 5pts		
	a. Introduction		
	b. Methodology		
	c. Discussion		
	d. Position Statement		
5.	APA style within paper citations (use intext citations) and bibliography 10pts		
6.	Overall quality and grammar 10 pts		
v.	earing drawing and Brannings to he		