

Hurricane Readiness Tips:

1. Develop a Family Plan – this can include story board, phone numbers, include a backup plan, out of town contacts and most important practice & review plan before the hurricane strikes.
2. Do not depend on only one person.
3. Include a minimum of three people in your network for each location where you regularly spend a lot of time since people work different shifts, take vacations and are not always available.
4. Build a Kit - You may need to survive on your own after an emergency event has taken place.
5. This means having important supplies in sufficient quantity for each member of your family to last for 3 - 5 days. Having a safe back-up power supply using rechargeable batteries for electronics.
6. Plan for sheltering at home, at work and on the road. Inventory what you use every day to maintain your health, safety and independence.
7. Stock your kit with essential items which may include medical supplies, assistive devices, food for your specific dietary needs, prescription medicines, diabetic supplies, hearing aid batteries, phone charger and back up battery land line phone (and TTY if you use this technology), manual wheelchair, extra seat cushion, egg crate padding and other medical equipment and mobility devices you may need to maintain your health, safety and independence, and supplies for your service animal.
8. Plan for the specific needs of those who may have difficulty in unfamiliar or chaotic environments.
9. This may include handheld electronic devices loaded with movies and games (including spare chargers or batteries), sheets and twine or a small pop up tent to decrease visual stimulation in a busy room or to provide instant privacy, headphones to decrease auditory distractions, and comfort snacks and toys that meet needs for stimulation.
10. Be Informed - Knowing where to turn to for reliable, up-to-date emergency information is key to making it through a disaster.



County:

Indian River County Emergency Management: (772) 567-2154

Martin County Emergency Operations Center: (772) 287-1652

Okeechobee County Emergency Management: (863) 763-3212

Palm Beach County Emergency Information Center: (561) 712-6400

Port St. Lucie Emergency Operations Center: (772) 462-8100