

# THE BETA RHO CHI, CHI SIGMA IOTA NEWSLETTER

SUMMER 2022 EDITION



CHI SIGMA IOTA,  
BETA RHO CHI

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Completed by the Chi Sigma Iota  
Newsletter Committee

# THE 2021-2022 BETA RHO CHI LEADERSHIP TEAM



**Adriana Labarta**  
Past-President



**Ghari Shirley**  
President



**Gina Cipriano**  
President-Elect



**Rosemyrtle Jean**  
Treasurer



**Nigel Johnson**  
Emerging Leader



**Holly Winter**  
Secretary



**Kelly Emelianchik-Key, Ph.D.**  
Chapter Faculty Advisor



**Kira Rowane**  
Vice President



**Ayse Torres, Ph.D.**  
Chapter Faculty Advisor

# THE 2022-2023 BETA RHO CHI LEADERSHIP TEAM



**Ghari Shirley**  
Past President



**Gina Cipriano**  
President



**Nadiya Rosen**  
President-Elect



**Rosemyrtle Jean**  
Treasurer



**Isabel Springer**  
Emerging Leader



**Holly Winter**  
Secretary



**Kelly Emelianchik-Key, Ph.D.**  
Chapter Faculty Advisor



**David Alphonso**  
Vice President



**Ayse Torres, Ph.D.**  
Chapter Faculty Advisor

# WELCOME TO OUR NEW CSI MEMBERS

- Alexandra Carter
- Angela Kardos
- Elizabeth Idelle Barnard
- Hannah Mary Zatlyn
- Ariel Zully Calvo Crosby
- Hailey Nicole George
- Michael Getz
- Emily Claire Cress
- Jennifer June Whalen
- Arianna Marie Mucci
- David Alphonso
- Melissa LaSalle
- Erin Lynn Martignetti
- Denise Diana Davis
- Marisa Dawn Gaumer
- Siobhan Murphy
- Clara Bossie
- Gracie Aho
- Jussara Silva
- Emily Lauren Helfrich
- Taryn Renee Booth
- Stephanie Lape
- Jessica Fuentes
- Kari-Anne Alexia Spaulding
- Danica Grace Paige Garbett
- Elizabeth Duff Wills
- Jaime Leigh Mazzo
- Ronit Golan



**FACULTY HIGHLIGHT:  
KELLY EMELIANCHIK-KEY PH.D.,  
LMHC, NCC, ACS**



Kelly Emelanchik-Key, Ph.D., LMHC, LMFT, NCC, ACS is an associate professor and the clinical coordinator for the mental health counseling program at Florida Atlantic University. Dr. Emelanchik-Key has experience working with diverse populations. Dr. Emelanchik-Key has worked clinically in supervision, complex traumas, violence and aggression, behavioral issues, and non-suicidal self-injury (NSSI) behaviors in clinical and non-clinical populations. She is an engaged member of the counseling community via her work with clients, teaching, research, providing clinical supervision, serving on multiple editorial boards, journal and book chapter publications, and work within national counseling organizations. Most recently, Dr. Emelanchik-Key has written a book on NSSI and has numerous peer-reviewed publications focusing on her research interests of dating and intimate partner violence, NSSI behavior, clinical supervision, and issues of gender and sexuality. She presents nationally 2-3 times per year on her research and clinical interest. Dr. Emelanchik-Key currently serves the profession as a Chapter Faculty Advisor for Chi Sigma Iota, Beta Rho Chi, a journal editorial board member for multiple journals, conference program reviewer for national conferences, and she was recently selected as Treasurer-Elect for the Association of Counselor Education and Supervision as well as the incoming co-chair for the Emerging Leadership Program for the Association of Assessment in Research and Counseling.

# **YEAR IN REVIEW**

## **Fall 2021**

- Welcome Back Ceremony
- Future of the Counseling Profession Panel
- Fall Social Event

## **Spring 2022**

- CSI Statewide Conference (Cohosted with Barry University)
- CSI Graduation and Induction Ceremony

## **Awards and Recognition**

- CSI International Award for Outstanding Chapter Individual Program
- CSI Statewide Conference Newsletter Award

# CONGRATULATIONS TO THE SPRING 2022 DOCTORAL GRADUATES



**Adriana Labarta Ph.D**



**Bridget Glass Ph.D**



**Miriam Moreno-Duany Ph.D**

# CONGRATULATIONS TO THE SPRING 2022 DOCTORAL GRADUATES: ADRIANA LABARTA, M.ED., ED.S., LMHC

**Dissertation Title:** The Development and Validation of the Multidimensional Eating and Body Image Screening for LGBTGEQIAP+ Individuals

Research has consistently shown that LGBTGEQIAP+ individuals experience pervasive health disparities, including eating disorders (ED; e.g., Mensinger et al., 2020). Unfortunately, LGBTGEQIAP+ people report negative ED treatment experiences, particularly concerning cultural sensitivity, gender-affirming care, and other barriers to diagnosis and treatment (Duffy et al., 2016; Hartman-Munick et al., 2021; The Trevor Project, 2020). Sonnevile and Lipson (2018) advocated for developing inclusive screening tools to address current deficits in multicultural ED research and practice. The present study sought to fill this gap by developing and validating a new screening tool for LGBTGEQIAP+ individuals: the Multidimensional Eating and Body Image Screening (MEBIS). Following Lambie et al.'s (2017) guidelines, the researcher developed an initial item pool based on a comprehensive ED literature review. An expert panel of reviewers and a small sample of LGBTGEQIAP+ individuals provided additional feedback to enhance item clarity, content validity, and affirming language. The researcher began the recruitment process after receiving approval from the university's Institutional Review Board. Participants included LGBTGEQIAP+ adults (18 years of age or older) from the community. Two separate samples were collected via an online survey for exploratory factor analysis (EFA; N=400) and confirmatory factor analysis (CFA; N=339) procedures. The EFA revealed a nine-factor structure accounting for 61.1% of the variance in the model. The factors were labeled as follows: (1) Gender, Media, and Disconnection; (2) Binging and Emotional Eating; (3) Compassion and Awareness; (4) Communities of Support; (5) Relationship with Food; (6) Affectional Orientation Sociocultural Factors; (7) Restriction, Dieting, and Compensatory Behaviors; (8) Racial/Ethnic Sociocultural Factors; and (9) Family and Cultural Support. According to CFA results, the nine-factor model suggested adequate fit (robust  $\chi^2$  (df = 866)=2479.62; CFI=.903; RMSEA=0.74; SRMR=.084). Additional psychometric analyses revealed acceptable internal consistency reliability (Cronbach's alpha of 0.888) and evidence of convergent validity with the well-established ED screening, the Eating Attitudes Test-26 (EAT-26; Garner et al., 1982). These results pose significant implications for culturally responsive and inclusive ED treatment, which are addressed.



# CONGRATULATIONS TO THE SPRING 2022 DOCTORAL GRADUATES: BRIDGET KATHLEEN GLASS, M.S., LMHC

**Dissertation Title:** The Relationship Between Pre-Service Teachers' Social Emotional Competence and Teacher Burnout, Secondary Traumatic Stress, and Compassion Satisfaction

Teachers are essential to the academic and social-emotional progress of children in the US (Jennings & Greenberg, 2009). American teachers work tirelessly to provide quality instruction in a safe learning environment that nurtures the educational and emotional needs of their students (Jennings & Greenberg, 2009). Many teachers report that the emotional toll of teaching has impacted their professional and personal lives in a negative way (Werner Juarez et al., 2020) As a result, teachers are vulnerable to the development of occupational hazards such as stress, burnout, and secondary traumatic stress (STS) which may diminish their professional quality of life (Richards, 2012). The literature indicates that the deterioration of professional quality of life is strongly correlated to more systemic problems in education, such as elevated attrition rates and the retention of highly qualified teachers (Schutz & Zembylas, 2009). The research suggests that indicators for these professional deficits may begin to present during the preparation phase of teaching (Miller & Flint-Stipp, 2019). However, most universities provide inadequate training for the protection and improvement of teacher well-being across the span of their careers (Schonert-Reichl, 2017). However, most universities provide In addition, there has been little research invested in the development of compassion satisfaction, a protective factor in cultivating teacher resilience (Pérez-Chacón et al., 2021).

# CONGRATULATIONS TO THE SPRING 2022 DOCTORAL GRADUATES: BRIDGET KATHLEEN GLASS, M.S., LMHC

**Dissertation Title:** The Relationship Between Pre-Service Teachers' Social Emotional Competence and Teacher Burnout, Secondary Traumatic Stress, and Compassion Satisfaction

The purpose of this study was to explore the relationship between social and emotional competence (SEC) and professional quality of life factors in pre-service teachers. A nonexperimental, correlational design was used to examine whether emotion regulation and relationship management skills are predictive of an educators' perceived levels of burnout, STS, and compassion satisfaction (N = 51).

Additionally, the participants' characteristics (e.g., highest degree earned, content area, school setting, and school level) are explored to determine their role, if any, and their influence on the outcomes. Using multiple regression, results indicated non-statistically significant relationships between emotion regulation and relationship management on pre-service teachers' levels of burnout, STS, and compassion satisfaction. Further, no significant relationships were determined between emotion regulation and burnout, STS, and compassion satisfaction when controlled against participant school setting and school level. However, the results indicated a significant link between relationship management and burnout when controlled against participants' highest degree earned and content area. The results of this study, as well as a discussion related to the outcomes, are addressed.

# CONGRATULATIONS TO THE SPRING 2022 DOCTORAL GRADUATES: MIRIAM MORENO-DUANY, M.S., LMHC

**Dissertation Title:** The Relationship Between Women with Systemic Erythematosus and Marital Satisfaction

Chronic illness increases each year in the United States with about 117 million people living with a chronic condition (Centers for Disease Control and Prevention, 2018). There are more than 100 autoimmune conditions (AARDA, 2019). This particular study focuses on a very specific population, which is women with systemic lupus erythematosus; in which women compose 50.9% of the population (United States Census Bureau, 2010). The specific variables being evaluated are marital satisfaction with a special focus on partner intimacy (sexual relations) and the relationship that exists between these variables in women who have the condition. The study aims at forming a marriage between the medical field and the counseling field to have better understanding and ultimately provide a more comprehensive treatment from the findings of this research. Prior studies suggest that marital satisfaction and partner intimacy are affected when a person has a chronic condition, albeit very little research has been done in the last decade that focuses on this particular population with these specific variables.

Eighty (N=76) women with systemic lupus erythematosus participated in this study. There were 76 females. The diverse participants had an age mean of 44.16 and a standard deviation of 10.59. There were African American (n=7), Asian (n=3), Caucasian (n=55), American/Alaskan Native (n=1), Native Hawaiian (n=1), Pacific Islander (n=3), NA's (n=6). Education levels were high school (n=17), bachelor's (n=33), master's (n=15), doctorate (n=4), other (n=6) and NA's (n=1). There were employed (n=64) and not employed (n=12). From the Midwest (n=8), Northeast (n=11), Northwest (n=6), Southeast (n=37), Southwest (n=14), NA's (n=4). The participants were diagnosed varying years from 1992 until 2021, with NA's (n=7). Flare up mean was 2.7, with a standard deviation of 2.3. The household income mean was \$87,784.10 with a standard deviation of 49063.08. The relationship between marital satisfaction, partner intimacy and resiliency in women with lupus was measured by using bivariate regression analysis. The implications of the findings, study limitations and recommendations for future research are discussed.

# CONGRATULATIONS TO THE 2022 SPRING & SUMMER M.ED. & ED.S GRADUATES

## **Mental Health:**

Jeannine Clark  
Cassandra Colosimo  
Christine Marino  
Judanny Mullings  
Kloe Rivera  
Kira Rowane  
Makenzie Rynn  
Alison Shutt  
Victoria Webster  
Michele Mammino  
Amber Sutliff

## **Rehabilitation:**

Nigel Johnson  
Tatiana Poole  
Victoria Riancho  
Rosa Clarke  
Andrea Johnson

# CONGRATULATIONS TO THE 2022 SPRING & SUMMER M.ED. & ED.S GRADUATES

## School:

Isis Arenas, Ed.S.

Lisa Bailey, Ed. S.

Elizabeth Barnard, Ed.S.

Dominique Cesar, Ed.S.

Laura-Maria Chami, Ed.S.

Marcia Griffin, Ed. S.

Jannette Hernandez, Ed. S.

Kristin Hsu, Ed.S.

Delia Schroeder, Ed.S.

Keviette Stubbs, Ed.S.

Kristin Hsu, Ed. S.

Claudia Aguilar

Britney Baldwin

Wendi Bayless Natta

David Beckford

Sassanae Clarke

Christine Derry

Gregory Dorcelia

Barbara Eugene Pierre

Janet Jerome

Angela Kardos

Leanne Knight

Kayleigh Koskan

Francesca Leopold

Jaime Mazzo

Karene Mordechai

Kendall Reid

Irene Ruiz

Marianne Saa

Shideh Saleki

Vanessa Sanchez

Delia Schroeder

Thomas Share

Tyoma Shiver

KaJanee' Smith

Michaelle Soliman

Rachel Sparks

Callie Thomason

Jennifer Votino

Jaqueline Wise

# 2021-2022 AWARDS AND ACCOMPLISHMENTS

## Student Recognitions:

- **Taylor Irvine:** CSI International: 2021-2022 Leadership Fellow; AARC: 2021-2022 Emerging Leader; IAMFC: 2021-2022 Emerging Leader and 2022 Graduate Student Research Award recipient
- **Javier Ponce:** James Woodruff, Jr. Scholarship; NBCC Minority Fellowship Program for Mental Health Counselors (Doctoral)
- **Joshua Katz:** CSI Statewide: Outstanding Doctoral Student of the Year
- **Kira Rowane:** CSI Statewide: Outstanding Master's Student of the Year
- **Erin Beattie:** 2022 IAMFC Emerging Leader Award
- **Nigel Johnson:** Children Home Society: Mentor of the Year
- **Ghari Shirley:** Outstanding Doctoral Student for the College of Education

## Faculty Recognitions:

- **Dr. Paul Peluso:** IAMFC: 2021-2022 Member Research Award; Recognized as ACA Fellow 2022
- **Dr. Kelly Emelanchik-Key:** Scholar of the Year for the College of Education - Associate Professor; Association for Counselor Education and Supervision (ACES) treasurer-elect (2022-2023); Association for Assessment and Research and Counseling (AARC) Emerging Leaders Co-Chair (2022-2024)
- **Dr. Elizabeth Villares:** Scholar of the Year for the College of Education-Full Professor
- **Dr. Michael Frain:** Researcher of the Year for the College of Education-Full Professor

# CALL FOR PROPOSALS AND UPCOMING CONFERENCE DATES

## State Conferences:

- Florida Counseling Association: "Bridging the Gap in the Counseling Profession: A Call for Action."
  - When: Thursday, September 29 to Saturday, October 1, 2022 in Tampa, Florida
  - Last day to submit a proposal: June 30, 2022

## National Conferences:

- American Counseling Association Conference:
  - When: Thursday, March 31 to Sunday, April 2, 2023 in Toronto, Canada
  - Last day to submit a proposal: June 8, 2022
- Southern Association for Counselor Education and Supervision:
  - When: Thursday, November 3 to Saturday, November 5, 2022 in Baltimore, Maryland
- Association for Assessment and Research in Counseling:
  - When: Thursday, September 8 to Saturday, September 10, 2022 in Saint Louis, Missouri
  - Last day to submit a proposal: May 31, 2022



# WHAT DOES IT MEAN TO BE A COUNSELOR?

"Counselors are willing to provide their clients with validation, guidance, and therapeutic skills that transcend the counseling sessions, which help them live a more fulfilling life."

"Counselors accompany their client's along the journey of improving their level of wellness. A counselor's job is not to have the right answers, but instead to guide their clients toward discovering what works best for them. A counselor is not the conductor within the train towards change, but rather a trusted passenger alongside the client."



# MESSAGE FROM THE MENTORSHIP COMMITTEE

The Mentorship Committee was re-established in 2020, with the goal of fostering communication, connection, and support among the counselor education community during a pandemic. As we shift into a post-pandemic world, the concerns have not disappeared, but changed as we continue to face and witness conflict, hardship, and adverse mental health outcomes. The committee, thanks to dedicated and brilliant members and leadership, has continued to grow beyond expectations. This year we have:

- Continued to foster the connection of previous mentor pairings as well as those from our 26 new members welcomed last fall
- Hosted virtual monthly meetings at members' preferred times and dates so that current and previous members had a space to seek support, ask questions, and learn from each other
- Organized in-person end of semester social event
- Transitioned new leaders and members to the mentorship committee as we prepare to say farewell to those who are graduating

We would like to thank all the members who made this possible and continue to foster its growth.

A special thanks to the Spring 2022 Mentorship Committee:

Makenzie Rynn (Chair)

Alison Merrill

Angela Kardos

Arianna Mucci

Cassie Colosimo

Denise Davis

Hailey George

Isabel Springer

Jeannine Pearce Clark

Javier Ponce

Judanny M

Kloe Rivera

Nigel Johnson

Victoria Webster

Graduating leaders and members, congratulations and you will be missed!

# FINAL REMARKS

Chi Sigma Iota Florida Facebook Page:

<https://www.facebook.com/groups/CSI.Florida.Statewide.Networking/>

Beta Rho Chi LinkedIn Page:

<https://www.linkedin.com/groups/12252758/>

Checkout our CSI link on the Department's website:

<http://www.fau.edu/education/academicdepartments/ce/betarhochichapter/> Check out and "like" the Department's Facebook page for info & updates:  
<https://www.facebook.com/FAU-Dept-of-Counselor-Education-418207451646170/>



GHARI SHIRLEY  
M.ED CRC

## THE PAST PRESIDENT'S MESSAGE

THANK YOU ALL FOR YOUR PARTICIPATION IN CSI-HOSTED EVENTS AND YOUR CONTINUED SUPPORT OF OUR CHAPTER HERE AT FAU. IT HAS BEEN AN HONOR TO SERVE.