



**Anne Tarvainen, Ph.D.**, is a postdoctoral researcher in the Faculty of Information Technology and Communication Sciences at Tampere University, Finland. During Spring 2020, she will be visiting the Center for Body, Mind, and Culture at Florida Atlantic University, US. At Autumn 2020, she will be a visiting researcher in the Faculty of Arts at the University of Helsinki.

Anne is an ethnomusicologist, currently conducting research on the embodied vocal experiences of deaf, tone-deaf, and vocally disordered singers. In her research, she is developing *vocal somaesthetics* based on somaesthetics and voice studies. The research project is funded by the Kone Foundation (2018-2020).

Anne has published articles on singing and somaesthetics, for example, in the *Journal of Somaesthetics*, *Pragmatism Today*, and in the book *Aesthetic Experience and Somaesthetics*, edited by Richard Shusterman (Brill 2018). She is a member of the editorial board of the *Journal of Somaesthetics*, and has co-edited the special issue "Somaesthetics and Sound" of the journal (2/2019). She is currently co-editing an anthology *Voicing New Materialisms* (Routledge).

Anne completed her doctoral dissertation on a singer's voice and expression in 2012. In this study, she developed a method for analyzing the singer's expression, using the Icelandic artist Björk as an example. Anne has taught pop, rock, and jazz singing since 1998, and voice maintenance, relaxing voice, and voice improvisation since 2001. She is also a singer-songwriter (artist name Aava Uusikuu), and developer of the Voicefulness® -method.

### Contact

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### Current position

Postdoctoral researcher in the Faculty of Information Technology and Communication Sciences at Tampere University, Finland.

The research project "The Feel of Singing – Aesthetic Body Awareness in the Vocal Experiences of Deaf, Tone-deaf, and People with Vocal Disorders" funded by The Kone Foundation 2018–2020.

Voicefulness teacher (part-time) at several summer universities in Finland (e.g. the summer universities of Tampere and Turku).

### Academic education

Ph.D., ethnomusicology, The School of Social Sciences and Humanities, University of Tampere, 13.6.2012.

MA in philosophy, ethnomusicology, University of Tampere, Department of Music Anthropology, 7.6.2000.

The National Graduate School of Music, Theatre and Dance (The Doctoral Study Programme for Performing Arts in Finland). 2007–2011.

The Graduate School of Folk and Popular Music. 2003–2006. (Sibelius Academy, University of Tampere, Finnish Jazz & Pop Archive.)

Studies in popular music research and cultural studies. University of Salford, UK. Autumn 1996.

### **Research grants**

Kone Foundation, 3 years, 2018–2020.

Jenny and Antti Wihuri Foundation, 6 months, 2015.

The University of Tampere, 6 months, 2011.

Naisten tiedesäätiö, 2 months, 2008–2009.

The University of Tampere, 3 months, 2008.

The Finnish Cultural Foundation, 3 years, 2004–2008.

Jenny and Antti Wihuri Foundation, 5 months, 2003–2004.

The University of Tampere, 3 months, 2003.

### **Research groups and networks**

Soundnetwork, Tampere University, 2017 –2020.

Music, Culture, and Wellbeing, interdisciplinary research and innovation project, Tampere University, 2012–2014.

Music, Living Body and (E)motion, research group, 2005–2008.

### **Other work experience in academia**

Researcher, the national Graduate School of Music, Theatre and Dance, University of Tampere, 1 year, 2007.

Special planner, Sibelius-Academy, 2 months, 2006.

Special planner in music education, Sibelius-Academy, 3 months, 2005–2006.

### **Editing and referee work**

Editor of the anthology *Voicing New Materialisms* (Routledge) with Milla Tiainen and Elisabeth Belgrano, ongoing.

Editor of the special issue "Somaesthetics and Sound" of the *Journal of Somaesthetics* (2/2019) with Päivi Järviö.

Member of the editorial board of the *Journal of Somaesthetics*, 2017 –.

Has worked as a referee e.g. for the journal of The Finnish Musicological Society, the philosophical journal *niin & näin*, and *RUUKKU: Studies in Artistic Research*.

### **Supervision and examination**

Supervisor of the post-graduate student Taru Tähti's thesis (Sibelius Academy, University of the Arts), estimated graduation 2021.

Examiner of Paolo Ribaldini's doctoral thesis "Heavy Metal Vocal Technique Terminology Compendium: A Poietic Perspective," University of Helsinki, 2019.

Reviewer of Mirva Soininen's MA concert, Sibelius-Academy, 2019.

Examiner of Pirjo Nenonen's doctoral thesis "Singing opens the hearts: A holistic approach to singing education using body" [in Finnish], University of Jyväskylä, 2018.

## Selected academic publications

### **Total number of publications**

Nine peer-reviewed scientific articles, two non-refereed scientific articles, one scientific monograph (thesis), over 30 professional conference proceedings in Finland and abroad.

### **Selected peer-reviewed scientific articles**

Tarvainen, Anne (2019). Music, Sound, and Voice in Somaesthetics: Overview of the Literature. *Journal of Somaesthetics* 5(2), 8-23. <https://somaesthetics.aau.dk/index.php/JOS/article/view/3602>

— (2018). Democratizing Singing: Somaesthetic Reflections on Vocality, Deaf Voices, and Listening (article 2018). *Pragmatism Today* 9(1), 91-108.

<http://www.pragmatismtoday.eu/summer2018/Democratizing-Singing-Somaesthetic-Reflections-on-Vocality-Deaf-Voices-and-Listening-Anne-Tarvainen.pdf>

— (2018). Singing, Listening, Proprioceiving: Some Reflections on Vocal Somaesthetics. In Shusterman, Richard (ed.) *Aesthetic Experience and Somaesthetics*. Leiden & Boston: Brill, 120-142. (Studies in Somaesthetics 1).

[https://www.academia.edu/36435319/Singing\\_Listening\\_Proprioceiving\\_Some\\_Reflections\\_on\\_Vocal\\_Somaesthetics](https://www.academia.edu/36435319/Singing_Listening_Proprioceiving_Some_Reflections_on_Vocal_Somaesthetics)

— (2016). Vokaalinen soomaestetiikka: Kehotietoisuuden esteettiset mahdollisuudet ihmisen äänenkäytössä ja kuuntelemisessa. [Vocal Somaesthetics: The Aesthetic Potentials of the Body Awareness in the Human Vocalizations and Listening.]

— (2008). Empathetic Listening. Toward a bodily-based understanding of a singer's vocal interpretation. In Dario Martinelli (ed.) *Music, Senses, Body. Proceedings from the 9th International Congress on Musical Signification, Roma 19-23/09/2006*. Acta Semiotica Fennica XXXII. Imatra: International Semiotics Institute 2008. 421–429.

### **Scientific books (monographs)**

Tarvainen, Anne (2012). *Laulajan ääni ja ilmaisu – Kehollinen lähestymistapa laulajan kuuntelemiseen, esimerkkinä Björk*. [Singer's Voice and Expression – A Bodily Approach to Listening to a Singer, Using Björk as an Example.] [Ph.D. thesis.] Publications of the Finnish Society for Ethnomusicology 20. Tampere: Tampere University Press. The book in pdf-format: <http://urn.fi/urn:isbn:978-951-44-8803-0>

### **Selected professional conference proceedings**

Tarvainen, Anne (2019). Body Awareness and Voice: Perspectives of Vocal Somaesthetics and Voicefulness. Music, Sound and Wellbeing symposium 29.08.2019. The University of Eastern Finland, Joensuu, Finland.

— (2019). The Inequalities of Singing: Aesthetic Ideals and Attitudinal Barriers. Sociology Days 2020 Conference, 29.03.2019. The University of Turku, Turku, Finland.

— (2018). Body, Voice, and Excessiveness: Adele's lost voice as a culturally constructed problem. Somaesthetics: Between the Human Body and Beyond 16.05.2018. Szeged, Hungary.

— (2018). Deaf Girl Singing "Someone Like You" – Vocal Somaesthetic Perspective to Singing and Vocal Norms. The 1st International Conference on Disability Studies, Arts, and Education 29.09.2017. Aalto University, Helsinki, Finland.

— (2017). Vocal somaesthetics as a way to democratize the use of human voice. The Soma as the Core of Aesthetics, Ethics and Politics Conference 27.06.2017. Szeged, Hungary.

## Education in music

Orfeo-pedagogical studies in singing. Teacher: Ilmari Varila. 2006–2009.

Studies in Gregorian chant. Teacher: Aija-Leena Ranta. Also courses by Iégor Reznikoff from the University of Paris. 2000–2003.

Studies in the therapeutic use of voice. Teacher: Michael Schirmer. 2002–2005.

Studies in musical practice (arranging, studio work). University of Salford, UK. Autumn 1996.

The music high school of Tiirismaa, Lahti. Studies in music: classical singing, vocal training and singing in a choir, classical piano, aural and transcription, music theory. 1990–1993.

Studies in music theory and ear training. Conservatory of Päijät-Häme, Lahti. 1991.

Studies in classical piano, choir, and music theory. 1984–1990.

## Other education

Studies in new media. The School of Art and Media, TAMK University of Applied Sciences. 2001–2002.

Studies in journalistic, academic, and fiction writing. Oriveden Opisto. 1993–1994.

Courses in different bodily methods: Alexander-technique, Feldenkrais Method, Kundalini Yoga, Method Putkisto, Movingness, Rosen Method, and Taiji.

## Other non-academic work experience

Founder of the Voicefulness® method, 2017. [www.voicefulness.fi](http://www.voicefulness.fi)

Marketing and music education, Tampere Philharmonic Orchestra, 30.7.2012–31.5.2013.

From 2001 has worked as a teacher of voice, pop-, rock- and jazz singing, voice improvisation, relaxing voice, and vocal maintenance for singers in several educational institutions.

From the 1990's has worked as a singer, songwriter, and voice improvisation artist. She writes her songs in Finnish. Artist name Aava Uusikuu, [www.aavauusikuu.com](http://www.aavauusikuu.com)

Co-founder of the record label Astrofon.

## Selected artistic work

Album: Aava Uusikuu: *Tähtipuu* [*Tree of Stars*]. In progress 2020.

Album: Aava Uusikuu: *Vedessä palaa – Musiikkia Mirkka Rekolan runoihin*. [*Water Is Burning – Music to the Poems of Mirkka Rekola*.] CD. Astrofon. 2011.

*Unui* – Improvisations with vocals, visuals, and soundscapes. Project together with visual artist Outi Aho and sound designer Jouni Korhonen. 2011.

Leader of the voice improvisation group Normenon. 2007–2010.

Leader of the jazz and world-music group Modular Moon. 2000–2005.

Singer/songwriter duo Kukkaduo. 1995–1999.